



COMING UP TO BREATHE - Part 4 of 6

Amend My Relationships

June 26, 2016

Make allowance for each other's faults and forgive the person who offends you. Remember, the Lord forgave you, so you must forgive others.
Colossians 3:13 (NLT)

WHY I MUST FORGIVE

1. I MUST FORGIVE BECAUSE GOD HAS FORGIVEN ME.

Don't you see how wonderfully kind, tolerant, and patient God is with you? Does this mean nothing to you? Can't you see that his kindness is intended to turn you from your sin? Romans 2:4 (NLT)

Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. Ephesians 4:31-32 (NLT)

2. I MUST FORGIVE BECAUSE BITTERNESS OR RESENTMENT IS FOOLISH.

Resentment kills a fool, and envy slays the simple. Job 5:2 (NIV)

You are only hurting yourself with your anger! Job 18:4 (GNT)

Some may stay healthy until the day they die. They die happy and at ease, their bodies well-nourished. Others have no happiness at all. They live and die with bitter hearts. Job 21:23-25 (GNT)

3. I MUST FORGIVE BECAUSE I KNOW I'M GOING TO NEED FORGIVENESS IN THE FUTURE.

And when you assume the posture of prayer, remember that it's not all asking. If you have anything against someone, forgive—only then will your heavenly Father be inclined to also wipe your slate clean of sins. Mark 11:25 (MSG)

HOW TO FORGIVE

1. INVOLVE GOD.

2. FORGIVE, BUT IT'S OK IF YOU DON'T FORGET.

3. FORGIVE BY CHOICE.

4. FORGIVE FROM A DEEP PLACE.

Never pay back evil for evil. Do things in such a way that everyone can see you are honest clear through. Don't quarrel with anyone. Be at peace with everyone, just as much as possible. Dear friends, never avenge yourselves. Leave that to God, for he has said that he will repay those who deserve it. Romans 12:17-19 (TLB)

5. FORGIVE OFTEN!

Love must be sincere ... Honor one another above yourselves ... Bless those who persecute you; bless and do not curse ... Live in harmony with one another ... If it is possible, as far as it depends on you, live at peace with everyone. Romans 12:9, 10, 14, 16, 18 (NIV)

Let the peace of Christ rule in your hearts. Colossians 3:15 (NIV)

Do to others as you would have them do to you. Luke 6:31 (NIV)

He has shown all you people what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. Micah 6:8 (NIV)