



COMING UP TO BREATHE - Part 2 of 6

Ready to Surrender

June 12, 2016

*God opposes the proud but gives grace to the humble. ...
Humble yourselves before the Lord, and He will lift you up.*
James 4:6 & 10

STEPS TO WALKING FREE

1. ADMIT THAT I'M POWERLESS TO CONTROL TENDENCIES TO DO WRONG AND THAT MY LIFE HAS BECOME UNMANAGEABLE.

Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Matthew 5:3-5

We felt we were doomed to die and saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead. 2nd Corinthians 1:9 (TLB)

"I have seen their ways, but I will heal them; I will guide them and restore comfort to Israel's mourners, creating praise on their lips. Peace, peace, to those far and near," says the Lord. "And I will heal them." Isaiah 57:18-19

2. SURRENDER MY LIFE AND WILL TO THE CARE AND CONTROL OF JESUS CHRIST.

You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in Your book." Psalm 56:8 (NLT)

... hope in the Lord; for with the Lord there is unfailing love and an overflowing supply of salvation. Psalm 130:7 (NLT)

When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. Isaiah 43:2 (NLT)

I pray that from His glorious, unlimited resources He will empower you with inner strength through His Spirit. Then Christ will make His home in your hearts as you trust in Him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love is. May you experience the love of Christ, though it is too great to fully understand. Then you will be made complete with all the fullness of life and power that comes from God. Ephesians 3:16-19 (NLT)

For I can do everything through Christ, who gives me strength. Philippians 4:13 (NLT)